



# GETTING STARTED

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Growth doesn't just *happen*. In almost every case, it takes careful planning, hard work and intentional action to get where you want to go.

Knowing this, we created a set of resources to help you plan ahead and empower yourself to achieve more this coming year. These templates can either be used sequentially or individually — whichever works best for you.

## USING OUR TEMPLATES

### Goal Mapping Grid

Set your sights on major personal and professional goals for 2020. Then, using the 3-month and 6-month benchmark squares provided, create smaller goals throughout the year that will keep you on track for success.

### Vision & Goals Chart

Once you know what you want to achieve in 2020, use this to define your ultimate goal for the year. This chart will help you put the big picture in perspective, keeping you focused on what to do — and what not to do — in order to reach your destination.

### My 2020 Manifesto

It all builds up to this — your promise to yourself. Using this template, you can outline your challenges, define major goals, and commit to conquering it all in 2020. After all, putting things in writing is the first step to making them a reality, right?